

## MICHIGAN PAIN CONSULTANTS, PC

## Alicia Canos-Torres PT MOMT



## Locations

15044 220th Avenue\*  
Big Rapids, MI 49307  
231-796-1500  
231-796-3123 Fax

4100 Lake Dr Suite 305\*  
Grand Rapids, 49546  
616-285-1377  
616-285-1006 Fax

2147 Health Dr Suite 100\*  
Wyoming, 49519  
616-281-1600  
616-281-2247 Fax

6896 S Greenville Rd Suite 100  
Greenville, 48838  
616-754-5036  
616-754-1723 Fax

844 S Washington Suite 100\*\*  
Holland, 49424  
616-546-2550  
616-546-2678 Fax

1675 E Mt Garfield Suite 135\*  
Muskegon, 49444  
231-799-8880  
231-799-8803 Fax

\* indicates onsite *MPC PT*

\*\**MPC PT coming Spring 08*

About 90% of our patients have a chronic condition, or one that is not going to go away. Our Physical Therapists (PT) and Physical Therapy Assistants are skilled at educating the patient on ways they can regain or increase lost strength and flexibility as well as relaxation techniques for managing their pain. Our PT's work with your physician pain specialist to help tailor a program to your specific needs, so while you'll still see your pain specialist for certain aspects of your pain management program the PT can help teach better ways to move and control your pain between visits.

Alicia graduated from Universidad De Valencia, E.U. de Fisioterapia in Spain in 1988 and has practiced PT in both Spain and the US. She moved to the US in 1994 and has been working in outpatient setting since then. She studied in a 2 year manual therapy residency program at OLA Grimsby Institute (Allendale, Michigan) with MPC PT Director Sakari Perttula, graduating in 1997. Alicia is part of the Adjunct Team at GVSU and teaches Manual Therapy on the Spine class. Alicia joined the MPC PT in April 2006 and adds tremendous strength to the team. Alicia has fantastic manual therapy skills and has interest in clinical research, she has worked with a group of students from GVSU in a shoulder project and is nowadays working on a Pelvic pain project.

All of Michigan Pain Consultants' locations offer access to behavioral medicine and physical therapy, most have onsite access to these services. Both of these disciplines are essential components to providing the patient with a well-rounded pain management program.

The services offered by Michigan Pain Consultants Physical Therapy Department employ a variety of specialized methods of treatments such as; massage, manual manipulation, Feldenkrais Method, strength training and others. Our use of extensive assessment allows us to track how well the patient improves in daily function as well as pain since starting a pain management program with Michigan Pain Consultants.

New Patient Referral & Billing Inquiries  
800-281-3237